

Open Heart Kitchen Food Donations Checklist

- Garden-fresh vegetables
- Canned tuna
- Individually wrapped nutrition bars
- Canned fruit (including fruit cocktail)
- Canned vegetables
- Cream of chicken soup
- Cream of mushroom soup
- Pasta
- Sauces (enchilada sauce is a favorite)
- Vegetable & fruit juices
- Individually wrapped cheese & crackers
- Individually wrapped peanut butter & crackers
- Coffee (especially decaf)
- Individually wrapped coffee creamers

And ...

For children's box lunches we need an endless supply of 4 oz. juice boxes.

Finally ...

Gift certificates to Costco & Safeway for purchasing fresh produce!